

Payment Agreement and Assignment of Benefits

Fees for Service

Unless otherwise agreed to, sessions are billed as follows:

(if you are choosing to bill insurance, and Rachel Weiss is "in network" with your insurance, then you will pay according to your insurance plan's rates. Insurance does not pay for more than 53-60 minute sessions. For longer sessions you can self-pay the additional time.)

Individual Therapy:

Initial Assessment & Diagnosis (60 minutes) \$180.00	copay
Individual Therapy Session (50-53 minutes) \$130.00	copay
Individual Therapy Session (1 hour & 15 minutes) \$190.00	
Individual Therapy Session (1 hour & 40 minutes) \$250.00	
Brief "Check-In" or "Tune-Up" (20-30 minutes) \$65.00	<i>*also used for additional session time</i>
Brief "Check-In" or "Tune-Up" (10-15 minutes) \$30.00	<i>*also used for additional session time</i>

Couples/ Family Therapy:

Couples/ Family Initial Assessment & Diagnosis (60 minutes) \$200.00	copay
Couples/ Family Therapy (50-53 minutes) \$150.00	copay
Couples/ Family Therapy (1 hour & 15 minutes) \$220.00	
Couples/ Family Therapy (1 hour & 40 minutes) \$290.00	

Group Therapy:

Group Therapy Session (1.5 hours) \$50.00	copay
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Other Services:

Deposition or Appearance in Court \$500 + \$100/hour
Records and Document Review (\$30 minimum) \$95.00/hour
Written Correspondence (depending on type) \$50.00/page

- If your session goes 15 minutes+ longer than the scheduled time, you will be charged for the extra time. Unless it's a crisis involving threat to safety, *Insurance Companies do not pay for more than 60 minutes*. You can Self-Pay for any scheduled or unscheduled extra time. Also, Insurance Companies will only pay for office-based services, unless it's a crisis.
- Except for brief phone contacts (1-9 minutes), you will be charged for phone consultations, phone therapy, "check-ins," and Tele-therapy at the same rates as in-person sessions. (Check with your insurance company to see if they cover phone and/or Tele-therapy sessions.)
- Emails or other professional services (including letters to outside professionals, and extended coordination of care with other professionals) will be billed at the rate of \$100 per hour. *You will be informed of any services requiring additional payments before the services are rendered.*

Insurance Reimbursement

Rachel Weiss participates with several insurance plans, and documentation may be submitted to your insurance company at no additional cost. Most insurance plans have a deductible and/or session copayment that is your responsibility. Payments of session fees are due at the time of service. Acceptable methods of payment are cash, check, and major credit, debit and HSA cards. (Insurance Companies and HSA's do not pay for Late or Missed Cancellation Fees.)

**Rachel Weiss encourages payments with checks or cash. Feel free to use your card when paying for sessions, however there will be a fee applied to the payment. "Square Fees" are the additional cost of running your card (*a small percentage of the amount charged. Ask Rachel for the exact amount. This fee is not applied to Late Cancellation or Missed Appointment fees.)*

Rachel Weiss is also happy to bill any "out of network" insurance you have. If Rachel Weiss is out of network, most likely you will be paying a deductible off. In this case you will be charged my full self-pay rate, not your insurance company's rate. After the deductible is met, your insurance may or may not cover a portion of your services. Please check with your insurance Companies *prior* to meeting with Rachel Weiss for your first appointment.

You are also responsible for any fees not covered, not paid, or denied by your insurance company. Account balances must be paid prior to, or at the beginning, of the next session. Payment Plans are available on a case by case basis; ask Rachel if you want to discuss this option.

Continuation of services may be dependent on having your account in good standing. Please contact your insurance company to determine your benefits and authorization requirements. If your insurance company requires a pre-authorization, please have the required information with you at the first session. Every effort will be made to verify coverage and identify financial liability (such as deductibles, co-pays, etc.), however, it is ultimately the client's responsibility to know their coverage and resolve any non-payment issues directly with the insurance company.

No Show and Cancellation Policies

Please give at least 24 hour notice if you need to cancel your appointment (*48+ hours is preferable*). Your card on file will be automatically charged for any Late Cancellation or Missed Appointment Fees. Fees must be paid prior to subsequent appointments. On occasion Payment Plans are available; discuss this with Rachel if needed.

Late cancellations are appointments you cancelled with less than 24 hours' notice given. If your appointment is on a Monday, you will need to cancel prior to 5pm on the Friday before, otherwise this is considered a Late Cancellation as well.

Missed Appointments ("No-Shows"), are appointments you miss without cancelling *prior* to your scheduled appointment time. If you No-Show an appointment, and do not call Rachel Weiss within 24 hours of missing it, any standing appointments you have scheduled will be cancelled immediately. You can still call and schedule a new appointment, but your standing slot may be gone, and depending on the situation, and whether or not this is a pattern for you, Rachel may start scheduling your appointments one at a time. This would be in the hopes that things can get back on track, without more missed or Late-Cancellations, except in extreme emergencies. This will be re-evaluated, at the right time, to determine whether or not scheduling a new standing appointment would work out or not.

Late Cancellation Fees (less than 24 hours' notice): \$50.00 *first time only*. \$100.00 all other times.

Missed Appointment / "No-Show" Fee: \$130.00

(above fees are for 50-60 minute Individual Therapy Sessions. For other services, expect to pay the full fee for your missed session, as listed in the beginning of this document.)

- After 3 Late Cancellations/ Missed Appointments within a year, Rachel Weiss may discontinue services with you indefinitely.
- Should you late cancel and/ or no-show 2 consecutive weeks in a row, your standing appointment will most likely be removed immediately.
- Rachel Weiss reserves the right to discontinue services with you at any time- as reiterated in the "Client Rights and Responsibilities Document."
- On occasion, Individualized Attendance Contracts will be created, however this is only done on a case-by-case basis. Please feel free to inquire about these.

Please be aware that psychotherapy requires a commitment to attending regularly. Rachel Weiss can only see one client per hour, so please be considerate to other clients in need, who need another appointment time, an extra appointment that week, as well as towards other individuals on Rachel Weiss's waiting list of clients wanting to start therapy with her.

**Healing, Self-Care and True Transformation occur, in part, when we place our Therapy/ Our Selves/ Our Deepest Core Needs, above all else. This will lead to your life becoming what you want it to be. I do not believe in short fixes that tend to begin by people attempting to control their external worlds- prioritizing work, family, friends, travel, etc. in order to heal, you must prioritize your recovery. If you do not, in my professional experience and expertise, you will perpetually return to the same types of issues you entered therapy to work on in the first place- and often the issues worsen or manifest in different ways. Our world opens up to us when we place recovery/ therapy/ healing FIRST. If you are not ready for this type of commitment. That's ok! We can discuss it, take a break and return later, when the full motivation is there.*

This is an inside out process; the only way out is through!

Payment

To allow for compliance with these policies, please provide a credit or debit card to be kept on file. (Complete the attached "Credit Card on File Authorization Form.")

Any overpayment that might occur due to misquoted benefits or deductible completion will be refunded to you or credited to your account to pay for future services, when applicable.

Any fees incurred by Rachel Weiss from credit card companies, collection agencies or banks due to insufficient funds, payment disputes, or non-payment of fees will be passed along to the client. A \$30.00 fee will be charged for any declined card or returned check.

I agree that I am responsible for the charges for services provided by this therapist to me (or this client) although other persons or insurance companies may make payments on my (or this client's) account. By providing my signature below, I am authorizing Rachel Weiss to keep a copy of my credit card on file for use to comply with the policies referenced above.

I hereby assign all mental health benefits/ private insurance to A. Rachel Weiss. This assignment will remain in effect until revoked by me in writing. A photocopy of this assignment is to be considered as valid as the original. I hereby authorize A. Rachel Weiss, and her Billing Specialist, to release all information necessary to secure payment.

Email that you wish receipts to be sent to: _____

Printed name: _____

Signature: _____ **Date:** _____

Printed Name of Client (if you are not the client): _____